

I.K.G.P.T.U Mohali Campus-II

Following Capacity development and skills enhancement initiatives are taken by the institution

1. Soft skills
2. Language and communication skills
3. Life skills (Yoga, physical fitness, health and hygiene)
4. Awareness of trends in technology

Options:

- A. All 4 of the above
- B. Any 3 of the above
- C. Any 2 of the above
- D. Any 1 of the above
- E. None of the above

5.1.3 List of Capacity development and skills enhancement initiatives

1. **Soft Skills :**Work ethic,attitude, communication skills, emotional intelligence are important life skills which are required to be addressed both in classroom teaching and through specific programs. expert talks and workshop on these issues are been organised.Expert talks pertaining to soft skills are also organised in Orientation and Induction Program organised every year

A. **Expert Talks:** Following is the list of expert talks organised in various times. Invitation letters communicated to the experts are attached as list of supporting documents.

Name of the capability enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the Expert
Training session on 'Sentences that really communicate' and 'How to deliver effective Presentations'	03.05.2016	60	Urvashi Bhatia, Internationally Certified Trainer,
Talk and interaction on :self development: team building and time management	09.09.2016	50	Dr. Tarun Kumar Garg: Renowned Motivator
'Positive thinking and stress management'	07.10.2016	50	Dr. S. M. Kant, Ex Director Youth Affairs Panjab University
Expert Talk on The Need of Guidance and Counseling for better in praising the students' performance	07.10.2017	30	Prof.(Dr.) P.K. Tulsi Department of Education & Educational Management. NITTTR Chandigarh
Expert Talk on An over view of various instruction methods & the impact of Technology in Contemporary Scenario	07.10.2017	10	Dr.Inderpreet Kaur (Principal) University Institute of Teacher Training & Research, Chandigarh University Gharuan

Expert Talk on * Organization of guidance services at various levels of education * Problems of organizing guidance services in India * Evaluating guidance program * Recent trends of Guidance and Counseling in India	16.09.2017	10	Dr. Inderpreet Kaur (Principal) University Institute of Teacher Training & Research, Chandigarh University Gharuan
Expert Talk on Guidance and Counseling-An overview	10.11.2017	30	Dr. Joginder Mukhrjee H.No.109, Sector:11- A, Chandigarh-160011
Administration & Interpretation of Various Psychology test	24.11.2017	40	Dr. Joginder Mukhrjee H.No.109, Sector:11- A, Chandigarh-160011
Opportunities in Architecture	15.12.2017	40	Ar. Ranjit Kaur, Department of Architecture, Giani Zail Singh College of Engineering & Technology, Bathinda
Expert Talk on Good and Responsible Architecture	19.01.2018	45	Ar. Shilpa Das Evolve Architect, 237 First Floor, Sector-4, Masadevi Cmplx, Panchkula
Expert Talk on Capacity Building/Training programmes of Punjab Energy Conservation Building Code	12-13 Feb. 2018	50	Master Trainer from Bureau of Energy Efficiency (BEE), Ministry of power, Govt. of India
Expert Talk on Architecture Education: Scope & Future Ahead	06.07.2018	10	Ar. Baljit Khurana, Professor, Pearl Academy, V-206 Kendrya Vihar, Sector-51, Noida, M.No.09811306429
Expert Talk on Opportunities for Architects: What next after graduation	24.05.2019	50	Prof. Deepika Gandhi le Corbusier Centre sector-19, Madhya Marg, Chandigarh- 160019
An interactive session on Personality Development	12th Feb 2020	70	Dr. S. M. Kant, Ex Director Youth Affairs Panjab University

B. i. Orientation Program: One week orientation Program was organised from 5th August 2019 for the 1st semester students. Number of activities were organised to articulate the academic expectations of **students** and available academic resources and to foster a spirit of independence and self-direction through self-reflection and advocacy. Students were welcomed and made comfortable through faculty and staff interactions and were made acquaintant with the campus facilities and environment.

ii. Campus Induction Program was organised from 9th Nov 2020 to 12th Nov 2020

2. **Language and Communication skills:** Communication skills is a compulsory subject in UG 1st year. Campus has language lab.

There was special training session organised on "Sentences that really communicate and How to deliver effective presentations" by an expert Ms.Urvashi Bhatia dated 3rd May 2016

3. **Life skills:** A) Every year annual sports meet is organised at IKGPTU Mohali campus-II Sports are **beneficial for both a mental and physical well-being of students**. It helps in effective team building, learning organising events as well as helps in enhancing academic performance of the individuals.

❖ **Annual Sports meet 2018-2019**



Prize Distribution



Athletics



Athletics



Group Photograph

❖ **Annual Sports meet 2019-2020**



Badminton Match



Volleyball Match

❖ Annual Sports meet 2020-2021

Sports Event was conducted as a three-day activity. It ensures the students to be active and energetic throughout the year in cooperating the healthy lifestyle.



B) The Buddy programme had been initiated in 2018 in Educational institutions on the directions of Govt. of Punjab, to control the drug menace in youngsters. The program aims **to educate children about the ill-effects of drug abuse and generate positive peer influence.** Time to time various programs are organised under this initiative. Details in the attached report.

REPORT ON BUDDY GROUP PROGRAM TO CONTROL DRUG MENACE

Many people don't understand why or how other people become addicted to drugs. They may mistakenly think that those who use drugs lack moral principles or willpower and that they could stop their drug use simply by choosing to. In reality, drug addiction is a complex disease, and quitting usually takes more than good intentions or a strong will. Drugs change the brain in ways that make quitting hard, even for those who want to.



Buddy Groups Senior Faculty In charge –

Ar. Daman deep Kaur (Head Coordinator)

Dr. Mukta Sharma

Dr. Gurkirpal Singh

Ar. Jyoti Singh

Dr. Neeru Singla

Buddy Groups in Each Batch (5) –

Batch 2016 – 6 group of 3 each

Batch 2017 – 3 group of 3 each

Batch 2018 – 7 group of 3 each

Batch 2019 – 6 group of 3 each

Activities arranged time to time

❖ SLOGAN MAKING (21.01.2020) –

For promoting the awareness of harmful effects of Smoke and Drugs, the students were asked to participate in the slogan making.

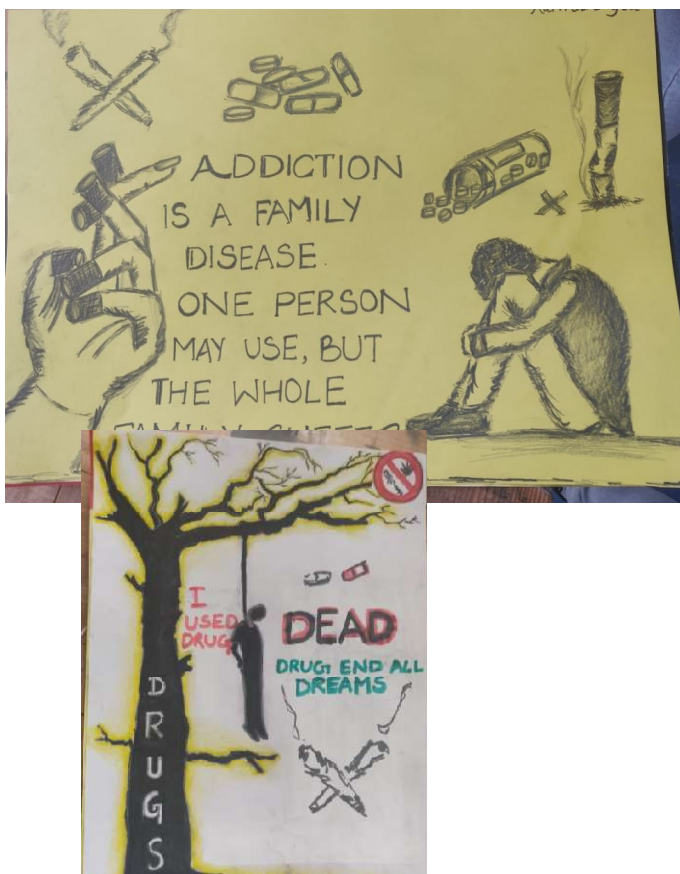
The students participated with full enthusiasm and created very vibrant poster having a deep insight into the harmful consequences of being a drug addict.

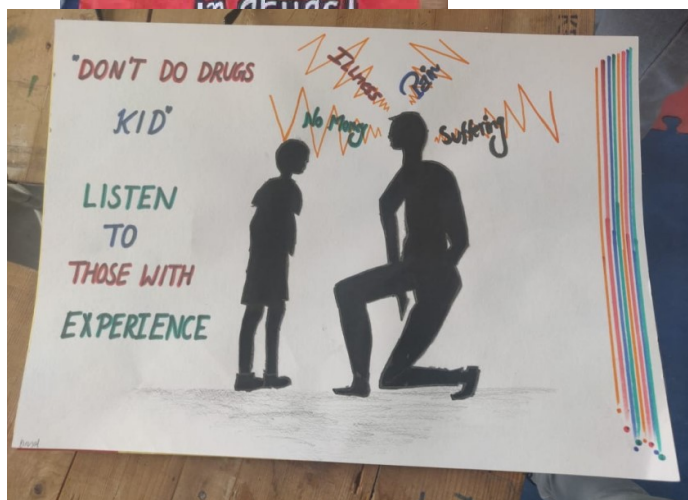


❖ POSTER MAKING (FEB 2020) –

For promoting the awareness of harmful effects of Smoke and Drugs among students, they were asked to participate in the Poster making themed as “**Say NO to Drugs**”.

The students participated with full enthusiasm and created very vibrant poster having a deep insight into the harmful consequences of being a drug addict.





❖ LECTURE ON HEALTHY LIFESTYLE (MARCH 2020) –

Lectures, discussions were also a part of the awareness where the faculty educated us the positive impacts of *Healthy Lifestyle*.

The students shared their experiences they had in their surroundings to make each of their friends aware about drugs.



❖ **PLAYS ON BAD EFFECTS OF DRUGS (12.03.2020) –**

Visual Representation often creates a sharp memory in our minds rather than the talks.

Dramas and plays were also prepared by the students so as to make them aware about the Bad Effects of Drugs.



❖ **HEALTHY LOCKDOWN PHASE (END OF MARCH) –**

The faculty encouraged the students to participate in Healthy activities too keeping in mind the effects of lockdown had in our minds and body through whatsapp groups and online learning platforms.

Students shared their video clips of indulging themselves in different activities along with the faculty participating in it.




❖ INDULGING STUDENTS IN HEALTHY ACTIVITIES (24.06.2020) –



BUDDY GROUP AT WORK (group meeting on 01.09.2021) –

Activity Brief –

Indulging in various activities in creating awareness. Students were given relaxation to choose any skill (singing, poetry, poster, speech etc.) to participate in the activity related to Drug Awareness. The theme for the activity is awareness about drug addiction.



I.K.G.P.T.U MOHALI, CAMPUS – II **ORGANISED BY: SBECA - 2021**

STAND AGAINST DRUG ABUSE

**TOGETHER, LET'S ENSURE EVERYONE LIVES IN HEALTH,
DIGNITY AND SECURITY.**

WEDNESDAY ACTIVITY

It's easier to Stay off Drugs than Get off Drugs.
Don't waste your life getting wasted. Be Drug Free!!!

Reach out to people and help them come out of the addiction.
Prepare a **solo/group drama** awaking the consequences and guiding the light of hope.

SUBMISSION REQUIREMENT : A short play not more than 5mins

MODE OF ACTIVITY : On-Spot / Video clip

ACTIVITY DATE and TIME : September 1st, 2021 at 2:30 P.M

A meeting link will be shared prior the event.

Students showcased their skills in form of art, extempore, singing a motivational song and biographical videos were shown in creating awareness among the students for coping the addiction.

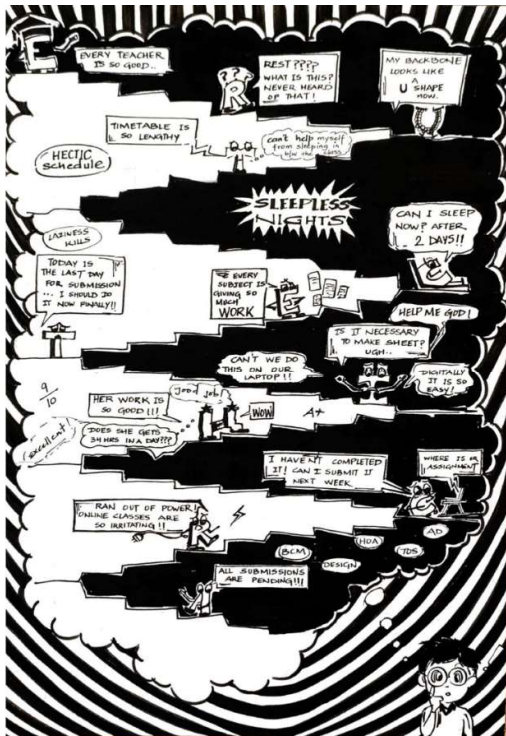
https://www.youtube.com/watch?v=ZCsX9-AV_vE

https://www.youtube.com/watch?v=Sdv0k08-m_A

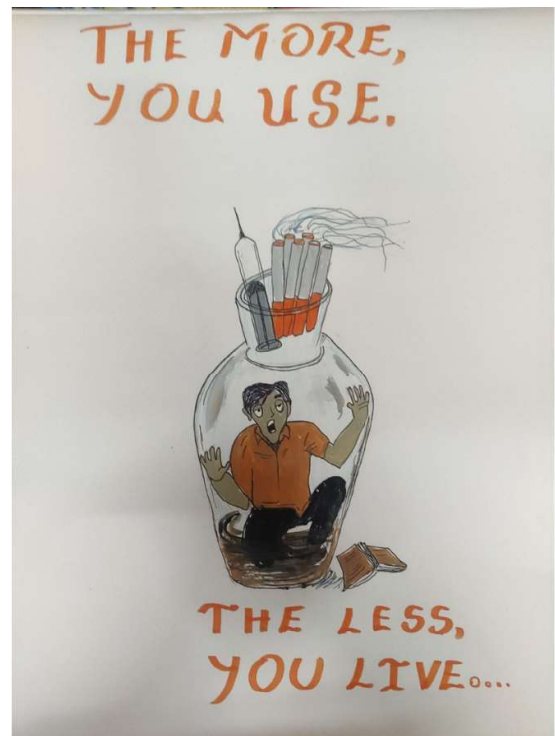
<https://www.youtube.com/watch?v=EcV58kiIAY4>



POSTER MAKING (01.09.2021) –



Geetika Singla



Vashu Sharma

STAND AGAINST DRUG ABUSE

It shows you this in the poster
Because the person's grave is made
out of cigarette ashes , which
indicates that you are killing yourself
by smoking.....



BY DIVYA RAJPUT



Shivani Sharma



**"DON'T SNORT
YOUR LIFE
AWAY."**

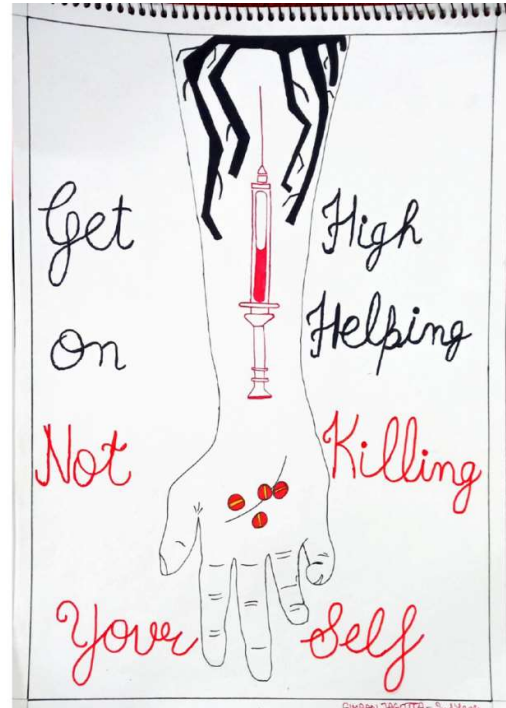


#STOPDRUGABUSE



MADE BY- HARSIMRAN JIT SINGH (2ND YEAR)

Harsimran Jit
Singh

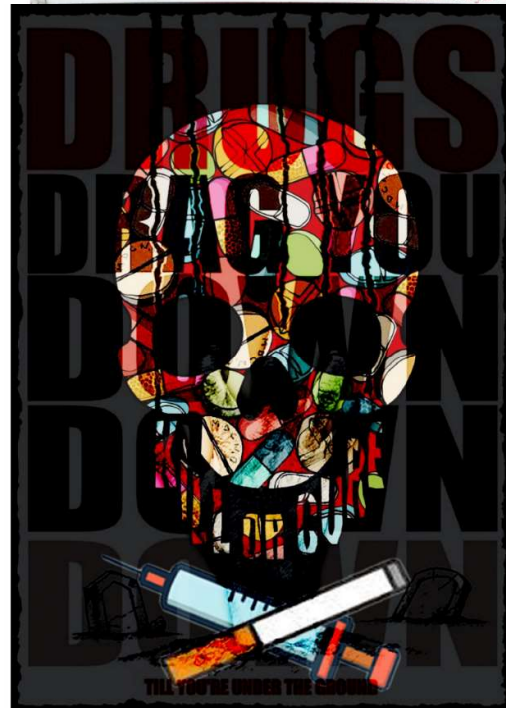


SIMRAN JAGOTTA - 2ND YEAR

Simran Jagotta



Pardeep Prajapatti



Rajvir Katoch



Ashish Kumar

MOTIVATIONAL SONG –

