I.K. Gujral Punjab Technical University Mohali Campus-II (A Constituent Institute of IKG Punjab Technical University Jalandhar, Kapurthala)

Best Practices

1. Title of the Practice: "Wednesday Activity"

2. Objectives of the Practice

The "Wednesday Activity" practice was adopted in 2019, in which the second half of every Wednesday is reserved for some activity apart from academic curriculum, to pave the way to a new kind of learning and foster the holistic development among the students. This practice not only helps in the holistic development of students but also assist them in developing significant skills and abilities to be happy and feel connected with each other. This practice is being implemented to transform the 'student among student' relationship with the objectives as stated below:

- Confidence Built: To enable the student to overcome from their habit of shyness and hesitations.
- Participatory Culture: To encourage the student to participate in Cultural & literary activities. This will
 help them for the emotional development, social skill development and their overall personality
 development.
- Competitive Spirit: To provide an opportunity for expression on various topics related to the field.
- <u>Leadership Qualities</u>: To encourage the students for taking initiatives & responsibilities, influencing other students for setting goals and also motivating to work towards goals.
- <u>Social & Ethical values:</u> To enable the students understand and respect the differences among individuals, others values & culture and maintain ethics in public life with good moral values.

3. The Context

From mentor meeting sessions it was observed that due to regular classroom teaching sessions and with heavy assignment works the students do not get proper time to interact with each other and also stop taking part in the youth fests & other competitions. To boost up the morale of the students some changes were made in the academic Time table and students were provided with refreshing session to help them to understand who they are, how important they are-as an individual, and how their thinking/action/behavior can contributes to the college culture.

Keeping in view the holistic development of the students "Wednesday Activity" initiative was taken and implemented in IKG PTU MC-II.

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4. The Practice

The "Wednesday Activity" was organized by the Campus Student Body i.e. SBECA under the supervision of Cultural Coordinator of the Campus. All the students were divided into 4 houses and each House has to compete with one another at cultural, literary/hobby and sports and maybe in other ways also. The inter-house activities give all students the opportunity to participate in representative sport, music and other activities with the aim of raising self-esteem, developing self-confidence and giving opportunities for leadership and teamwork. Expert talks and seminars were conducted on social and field related topics. This practice is a fantastic part for students to interact with each other for various activities to refresh their minds.

5. Evidence of Success

This practice enhances self-satisfaction of the students and accelerates their work outputs. This practice has proven very successful as it is providing good platform for the students to express their talent, thought, view and learn new things with the help of other student. Students are becoming more interactive with the each other. The understanding of course is increases and provided opportunities for students to experience hands-on learning on unfamiliar cultures & trends of the field.

6. Problems Encountered and Resources Required

a) Problems Encountered

- Due to pandemic the last session was conducted online so network connectivity was a big problem to deal with.
- The few intellectual students found it a hindrance in studies as they thought doing extra and cocurricular would take up their time and not perform well in exams. To mold the students 'mentality towards improvement in their personality without hampering academics was a difficult task.
- Due to Semester pattern, it becomes difficult to manage time and to pay due attention.

b) Resources Required:

- Adequate funds
- Specific infrastructure

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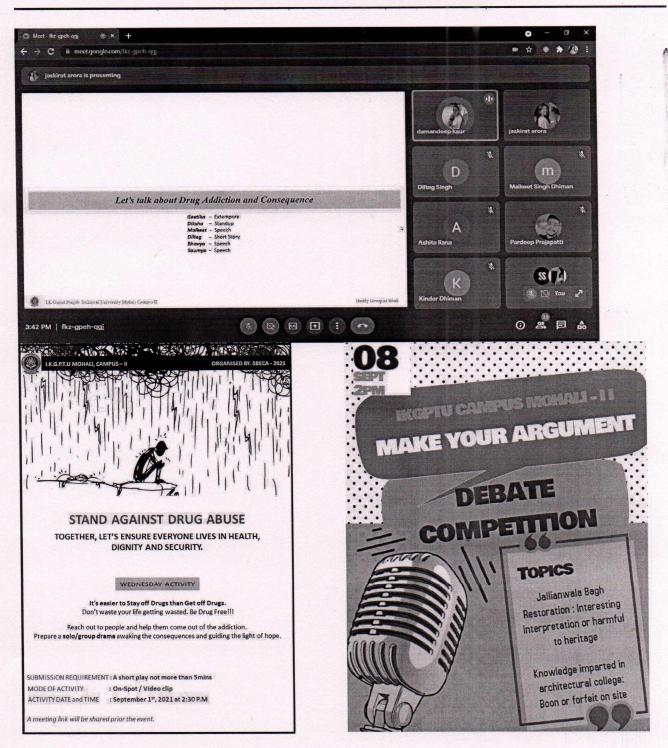
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